

## What can be done?

Discuss any concerns with your child's physician to help determine the need for appropriate medical intervention and/or therapy.

### **We are the movement and balance experts.**

Our team of highly trained physical and occupational therapists provide experienced care. Our comprehensive services include:

- **Evaluation:** Specific testing of the vestibular, visual and musculoskeletal systems through interactive activities that involve movement, play and eye games.
- **Treatment: Our fun and functional therapies focus on:**
  - Play-based motor skill challenges
  - Visual motor games
  - Specific movement and body position techniques that influence the vestibular system and reduce dizziness
  - Balance and coordination activities
  - Strength building exercises
  - Advancement of daily living skills
  - Take-home information and exercises



Curative New Berlin Therapies has long been the provider of choice with experts in all areas of pediatric and adult physical, occupational and speech/language & oral motor therapies – also specializing in sports rehabilitation and post-concussion therapy.

### **New Berlin**

Curative New Berlin Therapies  
2895 S. Moorland Road • New Berlin, WI 53151  
*Located about 2 miles south of I-94 and  
2.5 miles north of I-43.*

### **Elkhorn**

Curative New Berlin Therapies  
1532 N. Fairway Lane • Elkhorn, WI 53121  
*Located off Hwy. 12/67 north out of Elkhorn,  
first left after Schmidt/Potter Road.*

**262-782-9015**  
**curative.org**

For more information about vestibular system assessment and treatment, or to schedule an appointment, please call  
**262-782-9015.**

**Is your child struggling with:  
Clumsiness?  
Difficulty in School?  
Trouble in Gym Class?**

**It could be a vestibular disorder.**



**Curative Care**  
**New Berlin Therapies**  
Dedicated to Helping People Thrive

# The vestibular system



The vestibular system is located in the inner ear and is composed of fluid filled canals and sacs. It helps coordinate our eye movements and provides important sensory information that is the foundation for our:

- **spatial orientation**
- **balance/equilibrium**
- **posture**
- **movement ability**

## Certain factors can place your child at greater risk for Vestibular Dysfunction, including:

- Trauma/Concussion/Head-jarring sports
- Frequent ear infections
- Skull or ear surgery
- Premature birth/Bed rest during pregnancy
- Meningitis
- Torticollis (head tilt) and/or plagiocephaly (flat spot on the head)
- History of a foreign adoption
- Family history of migraines, vertigo, motion sensitivity, neurological disorders, brain cancer or tumors

## Children with Vestibular Dysfunction may experience the following symptoms:

- Motion sensitivity – car sickness
- Dizziness while watching a video
- Lack of coordination and frequent falls
- Delayed motor task ability such as riding a bike and ball skills
- Fatigue and/or poor posture
- Ear discomfort/fullness
- Behavioral problems
- Excessive movement or fear of movement
- Difficulty with bedtime or waking routine
- Difficulty reading or moving their head to read instead of shifting their eyes
- Vomiting in the morning
- Headaches

## Vestibular disorders in children often go unrecognized.

Assessment and treatment of balance and movement difficulties requires the expertise of a therapist with advanced training.

